

Our ref: SDG/NJG

14<sup>th</sup> December 2020

Dear parent/carer

Headteacher: Miss Lindsay Skinner

Summer Lane, Exeter, EX4 8NN

Tel: 01392 209922

Fax: 01392 209921

[www.stjamesexeter.co.uk](http://www.stjamesexeter.co.uk)

**Work hard. Be kind.**

### Year 10 and 11 PE Kit and Changing

I would like to thank all students who have been so good with adjusting to PE during this first term. They have taken to the changes brilliantly.

As the weather will undoubtedly take a turn for the worse now we are in the winter months, we are adapting our PE procedures to ensure our students can continue to take part in physical activity, regardless of the weather conditions.

To enable this to happen we will re-introduce students to changing areas so that they will no longer be required to wear their PE kit all day. This will begin with Years 11 and 10 starting from their return in January. **Therefore students should come to school in their school uniform and have their PE kits in their bags on the days that they have a timetabled PE lesson.**

The procedure for each lesson will be that students arrive at their PE lesson, by their normal changing rooms, get changed, take part in their lesson and then get changed at the end of a PE lesson.

Our traditional PE kit will be required to be worn for all PE lessons; St James branded leggings, shorts, polo shirts and hoodies only.

We will ensure that the highest level of safety for our students continues through the following measures, which are in accordance with government guidelines for PE:

1. Students will be kept in consistent groups in their year group bubbles for PE lessons
2. All activities in Physical Education (PE) lessons will be limited contact and planned to ensure that distance is maximised between children
3. Scrupulous attention will be paid to cleaning and hygiene
4. Students will wash and/or sanitise their hands before and after their lessons
5. Movement around the PE areas will be considered so as to limit risks. For example, entry and exit points
6. Lessons will be outside where possible and activities altered to ensure suitable social distancing
7. **When the changing areas are used; students will wear face masks, will be getting changed in alphabetical order in their class, will be in the changing area for less than 15minutes along with the areas cleaned after every lesson. Particular attention will be given to high touch areas**
8. Each class will have their own allocated changing area, to prevent any mixing with other PE groups.
9. Clear signage reminding pupils about wearing their masks and washing their hands will be displayed in all teaching areas, including outdoor open spaces



I hope you manage to have a safe and restful Christmas and New Year.

Thank you for your overwhelming support and patience during this challenging time, it really is appreciated.

Yours faithfully

A handwritten signature in black ink, appearing to be 'S. Gibbs', written in a cursive style.

Mr Gibbs  
Head of PE